

The Seven Portals of the Spirit

4. Chaos

Physical and psychological illnesses

Without the goals of society there is no intellectual orientation, no collective plane on which human thinking can reflect and, if possible, become conscious about itself. That is the dimension we have come to know in the first chapter. But there is also the other side: What if we fail? What if we can't reach our goals and make our wishes come true? The backside of our wishes and intentional aims is dominated by our shadow, a mighty destructive force that is always appearing when we miss our goals or intentions or if we failed in any other sense.

Where lies the reason? Every person is gifted with the strength for victory within him or herself, if will and vision fuse with each other. Yet sometimes our spirit is too high, and we fly too close to the sun, like Icarus, whose wings made of wax melted away and made him fall, for in his euphoria about his flight he was not carried by the humility of realization, but suffused by the bovarism of his egomania. And here we have the other side of the picture. The goals that we are trying to reach are often too ambitious or exaggerated, a fact that shows that our actions on the outside are not in accordance with what our deeper inner being is really sensing. And that leads to a break down, or in this sense the psychological or physical illness.

The schismatic antagonists

Unprocessed thoughts and memories are things that pressurise the hero at the end of his journey, because the collective energy fields of pathogenic forces are also an expression of repressed feelings of fear or guilt out of the collective consciousness of mankind, that have been gathering throughout thousands of years. It is often the oppressive situation within our soul, when emotions and violations from our childhood try to find an outlet through feelings of guilt,

hysteria, paranoia and hallucinations. Negative energy cannot be dissolved as easy as it seems. It is still connected with the situation out of which it was born – in a sense a psychological trauma that we have saved within ourselves in its entirety. Now, if we awaken these energies from the depth through experiences that have the same frequency these old events that we believe to have left behind long ago are suddenly brought back to life and the terrible reality of the past still goes on. Therefore we can observe how unprocessed fears and hurts return to the surface in the shape of negative feelings. That is because energy that has been created cannot be undone without redemption. It remains captured down there. When a negative experience is being finalized in our head without being settled deep down in our souls it is free to expand like an unpredictable nightmare in our spirit.

One could also say that physical and psychological illnesses are nothing but effects of negative and aggressive energies. They are aversions inwards and describe the peak of our destructive forces. The human individual is reluctant to accept the repudiated, repressed and oppressed emotions as being part of life's experience. And as long as we do not dare to live these feelings on the outside they pressurize our life-energy from the inside. Our will to live is trying to get rid of them again by accusing the negative forces to have their sources on the side that is averted from life. Because essential parts of personal disappointments are enclosed in the deformed fractions of our personality dark forces can expand onto the backside that slur and detest any form of human view. That is why every individual has to recapitulate his unprocessed fears at the end of his journey – he has to be confronted with his own chimeras if he wants to find a way back to himself.

The illness as a path

Physical and spiritual diseases are often representing a reality that we are likely to repress through our consciousness; in a matter of speaking a “subterranean” reality which stands for the other side of our material ego. The illness often embodies zones and areas that we have repressed our that we do not allow ourselves to realize because the truths they are connected with do not correspond with our ambitions. That is why they go beyond the conscious side of our acting and penetrate into our subconsciousness because they are an infamous but honest consequence of our ambitions and actions. Sometimes weak parts

of our personality can align with each other to find a way out of their misery through facing themselves; in these cases the shock creates a new strong personality-part out of the weak ones (one can sometimes observe these processes by seeing persons that go through great suffering and return out of the shells of their old self-images with more inner strength than they ever had before). The illness can really create a whole new energy-body. That is supporting the unformatted data of our consciousness until the new experiences are saved within the system of our personality out of the situation that has been overcome.

If we see it positively we can recognise every illness to be a sign that an individual can't stand its current situation any more. He is willing to descend into the underworld and grasp the devils horns and that is an act through which the spirit that has been captured in matter can be set free and the split off parts of the psyche can be reunited. At the end of the path when the ill person has found the philosophers stone within himself again he suddenly realizes that he is inseparably connected with the universe and that the outside and the inside have become one.

Conversations with the old Magician

Are severe Diseases a Result from the Conditions of our Soul?

a) General questions concerning physical and psychological illnesses

Is it not the case, that the old spagyric healers and homoeopaths, who had always claimed that the human state of health is connected with the state of the inner perception, would confirm this statement?

You are absolutely right! Like we already were able to observe while elucidating “dreamed” conditions of consciousness (Memorandum 1984), everything is interconnected within the human psyche. More than that: it is even woven into the morphic field of things that have not yet shown themselves within the visible reality and therefore are not existent according to the human perception.

Therefore all human maladies – if we put it in simple terms – comply with the spiritual conditions?

Of course! In a positive sense physical illnesses always form the basis for their healing. The disease translocates inner disorders to the surface and therefore make an intervention possible. In simple cases the symptoms of the indisposition are already the basic approach for the cure, draw peoples personal weaknesses into consciousness. Every derangement on the outside forces people to deal with the disharmonious conditions in their lives or within themselves in order to finally put some dynamic into their attitudes.

Would the illness then actually be nothing more than a healer in disguise, that forces people into a multidimensional perception?

Even if the message of the disease does make sense seen from the perspective of “higher” coherences, we may also not exaggerate into the opposite and turn it into a good tiding, like many esoterics and spiritually orientated people have a tendency to do.

According to this our whole health-system would be, seen from a spiritual point of view, nothing but a big joke, because we never aim our therapy-methods at the cause but only at the visible effects ...

... Naturally! The illness doesn't come out of nothing, it is being created out of an inner disharmony and that is why we first have to realize that the moment the illness breaks out the symptoms are embodying inner conditions of dissonance and psychological disorders that have been already existing long before within our subconsciousness. Because they have already been operating as destructive forces on the invisible spheres of our souls for quite a while – long before they would materialize into a perceivable energy-field – it would be very helpful to become aware of this disposition before it intrudes the physical dimension of our bodies.

But how can we energetically notice the inner dissonance before the illness breaks through?

All you have to do is look into the mirror:

That what you are and the sensed, inner self-image, the way you are interpreting yourself within the way you seemingly are! If you observe yourself in a positive way, you can be very content with your attitude and don't have to change anything; if there is a negative charge that you are constantly radiating through the image "into your self", try to locate what forces you to devalueate yourself from within very closely, for here lies the seed which could grow into a future illness.



Charge? Do you mean the continuous inner monologue, which is permanently oscillating between the self-image and the presentment of the “intuition”?

Yes. The continuous shuttling which is going back and forth between the logical realizations and the emotional points of view rule our world. Human progress results from the justification of rational thinking-structures and emotional intuition, with the slight restriction of the fact that the personal feelings are being essentially influenced by collective intellectual mechanisms.

Can you tell me something about this “Intuition”? And about the correlation between the intellect and our emotions?

The intuition is the remaining fragment of the instinctual wisdom of nature, the rest of the prehistoric mystical fountain, the relicts of female wisdom which we saved from being scarified to the ever structuring models of our intellect. This feeling appears in moments of deep, inner insecurity, when our mind is vainly wondering how we should go on in our lives.

In a manner of speaking the aspect of Mother Nature?

An aspect that can hardly push its way through into our world and has been permanently mutilated and weakened by the influence of the controlling human mind. On the other hand, it is not at all the case that we are completely separated from a higher sphere of our truth: in situations of crisis, when rational reflections have no more possibility to act and the only thing that would help would be – like in the popular saying –, a wonder, only then are we willing to follow suppressed intuitions and dark predictions that emerge from the depths of our souls without questioning them or asking for plausible reasons.

I see ... every port is good in a storm ...

The intellect is trying to receive answers from our emotions that he, of course, cannot perceive for the simple reason that he is constantly controlling our emotions with the mechanisms of his inventory. This facet of the matter reminds me of the “metamorphoses” by Ovid, in which Philomene resembled an archetype which embodies of the innocent nature, while the Thracian King Thereus embodying the male principle had not only raped her but had also removed her tongue to prevent her of telling anyone about her defilement. That is the

reason we are having so much difficulties with decoding the phenomenon of our diseases ...

... because we, not that much unlike Theseus, fail to notice that we cannot receive any answer from our raped feelings because we have suppressed the fact, that we have cut out their tongue?

Exactly. Our mind is always eager to repress our feelings. But the very moment it has failed to reach what it tried to achieve, it tries to get information from our intuition, that it itself is lacking for the simple reason that it represses the backgrounds that formed the basis for its failure.

Well, that is truly egregious! According to this, every kind of disease would be an expression for the fact that we have raped our inner essence?

A thousand times yes! At least it lets us know very boldly what we have to let go in order to change the circumstances it is confronting us with – the very thing that is responsible for its current existence ...

... and why is that so difficult? Why don't we just do it ... where is the problem?

The process of overcoming an illness doesn't get us any further in a spiritual sense, I will express it harshly: Health is not what evolution is aiming at! If everyone would meditate away happily and healthy, human development would simply fall asleep, and progress is what it is all about for us in the end – isn't it?

Centuries ago people would have had you hanged for these kind of thoughts!

Well one doesn't have to think them out loud. The human being is neither a god nor an angel, he is a creature driven by his longing for power and sex, and the only way we differ from animals is that we have the vague ability to reflect our actions at least retrospectively. I have said it before: Human progress is based on a constantly balancing imbalance that drives humanity. That is why he'd do anything but take over responsibility for his actions!

You believe that the human being is a bestial creature?

“The wild eat each other and the tame cheat each other” is what Schopenhauer has already said. That is why the human nature will create its own saviour instead of facing the backgrounds of their illnesses and indispositions, who is dealing with everything in his way. The collective longing is therefore creating the suitable medicine out of humanities data bank, which is not only healing the effects but is also encouraging humanity in its control-mania.

